

State of Montana
DEPARTMENT OF PUBLIC HEALTH AND HUMAN SERVICES
Addictive & Mental Disorders Division
Medicaid Enrollment Application

<input type="checkbox"/>	MHSP (Detention Center)
<input type="checkbox"/>	WASP (Standard Medicaid)

Mental Health Services Plan (MHSP) and Waiver for Additional Services and Population (WASP)

Please complete this form with information specific to the applicant seeking services
NOTE: This form needs to be submitted with the Clinical Eligibility Form

APPLICANT INFORMATION		
Applicant ID/SSN:	DOB:	Gender:
Applicant Name: Last:	First:	Middle:
Mailing Address:	City:	State:
County:	Zip:	
Telephone #:		
Tribal Affiliation:	Race:	Marital Status:

For Detention Center Use: Detention Center _____ City/County _____ Discharge/Disposition Date _____ First Date of Service Seen in Detention Center _____
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LIST EVERYONE WHO RESIDES WITH APPLICANT. (Attach additional sheet if more than three people live with applicant.)

Last Name, First, Middle Initial	How is this person related to applicant?	Sex	Birth Date	Education Level	Social Security Number
1.					
2.					
3.					

INCOME: SUBMIT VERIFICATION OF ALL INCOME FOR ALL HOUSEHOLD MEMBERS

List all income and benefits you, your spouse, dependents, or other household members receive from any source (i.e., employment, Social Security, SSI, Pensions, VA, Child Support, BIA, etc.) **2 months** of pay stubs.

Name	Source	Gross Amount of Income	How Often Received

If zero income, what is your source of support? _____

Do you anticipate this income to change in the next two months? Yes No

If yes, what is the expected change? _____

Number of family members dependent on family income? _____

Applicant Name: Last: _____ First: _____

PLEASE LIST THE MENTAL HEALTH CARE PROVIDER(S) AUTHORIZED TO RECEIVE COPIES OF MHSP/WASP CORRESPONDENCE

Name: _____ Agency: _____

Address: _____ Phone #: _____

City, State, Zip: _____

DO YOU HAVE HEALTH INSURANCE COVERAGE? Yes No
(If yes, please complete the following for all insurance coverage including Medicare. **ATTACH COPY OF CARDS**)

Name of Insured: _____ Relationship to Applicant: _____

Insured's SSN: _____ Policy #: _____ Group #: _____

Insurance Carrier Name: _____ Start Date: _____

ARE YOU RECEIVING MEDICARE: Yes No Medicare ID # _____

I hereby declare that all statements and answers to the above questions are complete and true to the best of my knowledge and belief. I agree that they shall form a part of the insurance contract for which I am applying. I hereby authorize any licensed physician, medical practitioner, hospital, clinic, organization, institution or person that has any records or knowledge of my health to disclose to Department of Public Health and Human Services (DPHHS) or its designee any such information. A photographic copy of this authorization shall be as valid as the original. I may revoke this authorization at any time except to the extent that the person or entity making the disclosure has already taken action in reliance on it. If not previously revoked, this consent will terminate one year from the date that I sign.

I agree to notify DPHHS of any changes of income, family size or other insurance coverage within 30 days of the change.

Signature of Applicant: _____ Date: _____

This application is considered complete only when income documentation has been attached.

Please Mail or Fax the Checklist, Application and Clinical Eligibility Form to:
Addictive & Mental Disorders Division

Mental Health Services Bureau
PO Box 202905, Helena MT 59620-2905

Please send through secure method (such as ePass) to:
HHSAMDDMHSPWaiver@mt.gov

Fax: 1-406-444-7391 or
1-406-444-4435 Questions? Call
1-406-444-3964

Print Form

Save Form

Reset Form

Eastern Montana Community Mental Health Center

CONTRACT FOR PAYMENT OF SERVICES

CLIENT NAME: _____

The Eastern Montana Community Mental Health Center is a private, non-profit corporation financed largely by the collection of client fees.

1. State Funded Coverage/Self Pay:

- _____ I am Medicaid eligible. I agree to notify EMCMHC regarding any changes in my eligibility.
- _____ I am Medicaid eligible. I agree to pay \$150.00 for PFL Group.
- _____ I am eligible for the Chemical Dependency Service Plan. I agree to provide monthly income verification.
- _____ I qualify for a reduced monthly rate based on the Sliding Fee Scale.
- _____ I am applying for HELP Medicaid or HELP TPA thru HealthCare.gov.

I am FULL FEE \$350/PFL \$150/MIP \$200/CD EVAL OTHER \$ _____

2. Insurance/Medicare Coverage:

- I understand that I am responsible for payment of all services received at the Center. After I complete and sign an insurance information form, the Center will submit a claim to my insurance company for services rendered. Payment from the insurance or Medicare will be sent directly to the Center. If I receive payment and do not remit the payment to the Center in a timely manner, I understand that I will be billed for the full amount of services.

_____ I agree to pay the full difference between what my insurance/Medicare pays.

3. No Third Party Coverage Payment Plan:

- _____ I agree to pay full fee for all Center services according to my monthly payment plan:
- \$25 per mo. \$50 per mo. \$75 per mo. \$100 per mo. Payment in Full
- (The above monthly payment plan is based on poverty guideline)

4. Cancellations / Broken Appointments

- I agree to be responsible for notifying the Center at least 24 hours in advance if I am unable to keep my appointment. I understand that I will be charged \$100.00 (\$150.00 for nurse practitioners) for every broken appointment without the 24 hour notification. If I break two appointments without advance notice the Center may not schedule a third appointment.
- I understand that should my circumstances change, I am responsible to inform Eastern Montana Community Mental Health Center. I understand that I will be billed full fee until the updated financial information has been received by the Center. I also understand that should I fail to make the above agreed upon payments, Eastern Montana Community Mental Health Center can pursue legal action to collect the outstanding balance in my account, and I will be responsible for court costs and attorney fees.

THE UNDERSIGNED CERTIFIES THAT I HAVE READ AND UNDERSTAND THE ABOVE STATEMENTS, AND TO THE BEST OF MY KNOWLEDGE, THEY ARE TRUE AND CORRECT, AND I AGREE TO THIS PAYMENT CONTRACT AND ITS TERMS.

Signature of client or responsible party: _____

Date: _____

Address of client or responsible party: _____

Signature of Staff: _____

Date: _____



Eastern Montana Community Mental Health Center
Client Acknowledgement, Consent & Behavior

Please initial below to indicate you have received, read, and understood the following:

_____ Consent for Treatment

_____ Client Rights

_____ Grievance Procedure

_____ General Aggressive Behavior Policy

_____ Smoking and Weapons

_____ Notice of Privacy Practices

_____ No Show Policy

_____ For CSCT Clients Only – Coordination of Care Verification: “According to Administrative Rule (37.106.1956.4), Medicaid requires providers to inform youth and their parents about mandatory coordination expectations between CSCT, home support services, and outpatient therapy. I am aware that coordination is required among providers and collaboration is intended to improve outcomes for my child.”

CLIENT SIGNATURE: _____

CLIENT PRINTED NAME: _____

PARENT/GUARDIAN SIGNATURE: _____

PARENT/GUARDIAN PRINTED NAME: _____

STAFF SIGNATURE: _____

DATE: _____

Consent For Treatment

I consent to behavioral health treatment with EMCMHC for myself/minor child/designee.

I understand all clients of EMCMHC are eligible to receive a range of services addressing substance use disorders, mental health disorders, and medical issues (as applicable) on a limited basis.

The type and extent of services I/my child receive(s) will be determined through a collaborative treatment team effort and through discussion with me/my child in the development of an individualized treatment plan.

I understand a range of behavioral health professionals, some of whom are in training, provide EMCMHC services. Designated licensed staff provides oversight to all professionals in training.

I understand the various treatments offered provide significant benefits and may pose risks, which can be discussed with the treatment team. The process of behavioral health recovery may include relapse.

I understand some areas of EMCMHC campuses are under camera surveillance to address safety and security concerns.

I understand the success of treatment is dependent upon motivation to change with the therapeutic support of EMCMHC professional staff.

I understand if I am at least 16 years of age, I may consent to receive services from EMCMHC without parental consent.

Client Rights

1. You have the right to be treated in a non-discriminatory manner with dignity and respect while receiving behavioral health services at any EMCMHC facility. Regardless of the following.
 - a. Your ability to pay.
 - b. Your source of payment (Medicare, Medicaid, or CHIP)
 - c. Your race, color, sex, age, National origin, disability, religion, gender identity, or sexual orientation.
2. You have the right to be treated without regard to physical or mental disability, unless such disability makes treatment afforded by the facility non-beneficial or hazardous. Treatment will reflect both your ability to benefit from services and others' treatment rights.
3. You have the right to practice your religion of choice, insofar as such practice does not infringe on the rights and treatment of others. You have the right to be excused from any religious practice.
4. You have the right to participate in the development of an individual treatment plan and any ongoing planning of your behavioral health services. You have the right to a reasonable explanation, in terms you can understand, of your general condition; treatment objectives; the nature and significant possible adverse effects of recommended treatment; reasons this treatment is considered appropriate; and what, if any, alternative treatment services and types of behavioral health providers are appropriate and available.
5. You have the right to be free from excessive or unnecessary medication. You have the right to give informed consent to take or not take antipsychotic or other medications if they are prescribed to you, unless the court has ordered differently or an emergency situation exists where your life or the lives of others are in danger.
6. You have the right to confidential records. Although you must give written approval to allow your records to be released in most cases, there are some exceptions to this rule under state and federal law.
7. You have the right to request access to your records and the right to request corrections or amendments to your records. These and other privacy rights are explained more fully in EMCMHC's Notice of Privacy Practices.
8. You have the right to the maximum amount of privacy consistent with the effective delivery of services to you.
9. You have the right to appropriate treatment and related services under conditions that are supportive of your personal liberty.
10. You have the right to not be subjected to experimental research or other experimentation without your informed, voluntary, and written consent.
11. You have a right to be free from abuse and neglect, or threats of abuse and neglect, while receiving services at EMCMHC.
12. You have the right to a humane psychological and physical environment while receiving services at EMCMHC.
13. You have the right to receive information about EMCMHC's client grievance procedure and how to file complaints. You must be allowed to exercise this right and other rights without reprisal, including reprisal in the form of denying you appropriate, available treatment. EMCMHC recognizes that some clients may need assistance and/or support in filing their grievance. If clients request assistance in this respect, EMCMHC will provide a referral to a local client support group, a family member's support group, or a state designated advocacy agency.

14. You have the right to communication with family in emergency situations.
15. You have the right to receive services which reflect the awareness of the special needs of gender.
16. You may have additional rights listed in Montana Statute, most of which apply to inpatient settings and jail diversion programs and rights during an involuntary commitment process. A member of your treatment team will explain these rights to you if you have concerns.

Grievance Procedure

EMCMHC has established a grievance procedure for clients who believe their rights have been violated by the Center. If you feel your rights have been violated, please see any staff member to request a Grievance Form.

General Aggressive Behavior Policy

All EMCMHC Programs are designed to provide a safe place for our clients and staff. Aggressive behavior does not fit into this philosophy, and will not be tolerated at EMCMHC facilities, against EMCMHC staff, or other clients. Aggressive behavior is defined as yelling, pushing, physical fighting, throwing objects, swearing, or acting in a manner perceived to be threatening. If aggressive behavior occurs, EMCMHC will follow the following established policies and procedures.

STEP ONE: You/your child will be asked to leave the program/office for the day and you/your child will be referred to a member of your treatment team to address the aggressive behavior.

STEP TWO: You/your child will be asked to leave the program/office for one week. Prior to returning, you/your child will be required to meet with a member of your treatment team to develop a plan for adherence to the policy.

STEP THREE: You/your child will be asked to leave the program/office for 30 days. Prior to returning, you will be required to attend a treatment team meeting to evaluate appropriateness for continued participation in the program.

The Executive Director and/or Program Manager may exercise discretion in following this procedure to protect the safety of clients, staff, and the program. At any time, if behavior is deemed as causing imminent danger to yourself or others, authorities may be called to intervene.

NOTE: Due to the unique nature of 24 hour crisis programs, residential programs, detention centers, and CSCT programs additional policies will apply.

Smoking & Weapons

EMCMHC is invested in the health and well-being of clients and staff. All EMCMHC facilities are non-smoking which include all types of tobacco and e-cigarettes. No firearms or weapons are allowed at any EMCMHC facility.

No Show Policy

It is EMCMHC's goal to provide effective services as efficiently as possible. This cannot be done when individuals repeatedly miss appointments because they experience repeated crises, have repeated transportation failures, don't value the time with their service provider enough to make their appointments a priority, avoid services because they do not like the recommendations given, or they feel they can't afford our fees.

Whatever the reason, continuing to schedule appointments for individuals who repeatedly miss appointments is neither responsive to their situation nor an effective use of our resources. Below you will find the definitions of missed appointments.

No-Show/Late Cancellation - the family or client misses the appointment without notifying us, or notifies us less than 24 hours before their appointment.

Cancellation - the family or client notifies us at least 24 hours in advance that they will miss their appointment.

Please note after two consecutive no shows, two no show appointments in 90 days, or 3 cancellation over a 90 day period, the individual will not be scheduled for 30 days and will have to call EMCMHC and ask to see the service provider that day; if the service provider has no openings that day, the individual can call again on another day for a same-day appointment. If a client completes a session within 30 days, regular scheduling resumes.

If the client has not made contact with EMCMHC within 30 days the provider will assume the individual is no longer interested in services and will discharge the client.

Eastern Montana Community Mental Health Center

**EASTERN MONTANA COMMUNITY MENTAL HEALTH CENTER
NOTICE OF PRIVACY PRACTICES**

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

The confidentiality of mental health, alcohol and drug abuse patient records maintained by Eastern Montana Community Mental Health Center is protected by Federal law and regulations. Generally, Eastern Montana Community Mental Health Center may not say to a person outside Eastern Montana Community Mental Health Center that a patient attends Eastern Montana Community Mental Health Center, or disclose any information identifying a patient as a mental health, alcohol or drug abuser unless:

- (1) You authorize the disclosure in writing;
- (2) The disclosure is allowed by a court order; or
- (3) The disclosure is made to medical personnel in a medical emergency or to qualified personnel for research, audit, or program evaluation.

WHO WILL FOLLOW THIS NOTICE

This notice describes Eastern Montana Community Mental Health Center's practices and that of:

- Any health care professional authorized to enter information into your treatment records.
- All departments and units of Eastern Montana Community Mental Health Center.
- All employees, staff and other Eastern Montana Community Mental Health Center personnel.
- All Eastern Montana Community Mental Health Center entities, sites and locations will follow the terms of this notice and may share health information with each other for treatment or operations purposes described in this notice.

OUR PLEDGE REGARDING HEALTH INFORMATION

We are committed to protecting health information about you. We create a record of the care and services you receive at Eastern Montana Community Mental Health Center. We need this record to provide you with quality care and to comply with certain legal requirements. This notice applies to all of the records of your care generated by Eastern Montana Community Mental Health Center. This notice will tell you about the ways in which we may use and disclose health information about you. We also describe your rights and certain obligations we have regarding the use and disclosure of health information.

We are required by law to:

- Make sure that health information that identifies you is kept private;
- Give you this notice of our legal duties and privacy practices with respect to health information about you; and
- Follow the terms of the notice that is currently in effect.

HOW WE MAY USE AND DISCLOSE HEALTH INFORMATION ABOUT YOU

The following categories describe different ways that we use and disclose health information. For each category of uses or disclosures we will explain what we mean and try to give some examples. Not every use or disclosure in a category will be listed. However, all of the ways we are permitted to use and disclose information will fall within one of the categories.

For Treatment. We may use health information about you to provide you with treatment or services. We may disclose health information about you to doctors, nurses, technicians, counselors, therapists, or other EMCMHC personnel who have a need for the information in connection with their duties that arise out of the provision of diagnosis, treatment, or referral for treatment. For example, our counselors may share information about you with our psychiatrist if you have symptoms of depression or other mental disorder which may affect your recovery from chemical dependency. Likewise, our psychiatrist or medical doctor may share medical information about you with our staff in order to coordinate the different things you need, such as prescriptions or lab work.

For Health Care Operations. We may use and disclose health information about you for EMCMHC operations. These uses and disclosures are necessary to run EMCMHC and make sure that all of our patients receive quality care. For example, we may use health information to review our treatment and services and to evaluate the performance of our staff in caring for you. We may also combine health information about many EMCMHC patients to evaluate trends in mental health and drug and alcohol use and to assess the effectiveness of our treatment services. We may also disclose information to doctors, nurses, technicians, therapists, and other EMCMHC personnel for review and learning purposes. We may also combine the health information we have with health information from other treatment centers to compare how we are doing and see where we can make improvements in the care and services we offer. We will remove the information that identifies you from this set of health information so others may use it to study treatment services without learning who the specific patients are.

Medical Emergencies. Medical information may be disclosed to medical personnel who have a need for information about you for the purpose of treating a condition which poses an immediate threat to the health of any individual and which requires immediate medical intervention.

Food and Drug Administration. Medical information may be disclosed to medical personnel of the Food and Drug Administration who assert a reason to believe that the health of any individual may be threatened by an error in the manufacture, labeling, or sale of a product under FDA jurisdiction, and that the information will be used for the exclusive purpose of notifying patients or their physicians of potential dangers.

Audit and Evaluation. Health information may be disclosed for the purpose of audit or evaluation by any federal, state, or local government agency which provides financial assistance to EMCMHC or is authorized by law to regulate our activities. Health information may also be disclosed for audit and evaluation purposes to a third party payer which covers our patients, to a peer review organization performing utilization or quality control review, or is determined by our program director to be qualified to conduct the audit or evaluation activities.

Child abuse or Neglect. We may report any information about suspected child abuse or neglect to appropriate state or local authorities.

Law Enforcement. We may disclose information about you to law enforcement officers concerning a crime committed on EMCMHC premises or against any person who works for EMCMHC or a threat to commit such a crime.

Vital Statistics. We may disclose information about you relating to cause of death under laws requiring the collection of death or vital statistics or permitting inquiry into the cause of death.

Subpoena and Court Order. If we receive a subpoena to disclose information about you, we will not do so unless a court of competent jurisdiction enters an authorizing order. A court order may authorize disclosure only if the court finds that the disclosure is necessary:

- (1) to protect against an existing threat to life or of serious bodily injury;
- (2) to investigate or prosecute an extremely serious crime; or
- (3) in connection with litigation or an administrative proceeding in which you offer testimony or other evidence relating to the information.

OTHER USES OF HEALTH INFORMATION

Other uses and disclosures of health information not covered by this notice or the laws that apply to us will be made only with your written authorization. If you provide us authorization to use or disclose health information about you, you may revoke that authorization, in writing, at any time. If you revoke your authorization, we will no longer use or disclose medical information about you for the reasons covered by your written authorization. You understand that we are unable to take back any disclosures we have already made with your authorization, and that we are required to retain our records of the care that we provided to you.

YOUR RIGHTS REGARDING HEALTH INFORMATION ABOUT YOU

You have the following rights regarding health information we maintain about you:

1. Right to Inspect and Copy. You have the right to inspect and copy health information that may be used to make decisions about your care. Usually, this includes medical and billing records, but does not include counselor's own notes (hand generated by the clinician). To inspect a copy of health information that may be used to make decisions about you, you must submit your request in writing to EMCMHC, Administration, Box 1530, Miles City, Montana 59301. If you request a copy of the information, we may charge a fee for the costs of copying, mailing or other supplies associated with your request.

We may deny your request to inspect and copy in certain very limited circumstances. If you are denied access to health information, you may request that the denial be reviewed. Another licensed health care professional chosen by EMCMHC will review your request and the denial. The person conducting the review will not be the person who denied your request. We will comply with the outcome of the review.

2. Right to Amend. If you feel that health information we have about you is incorrect or incomplete, you may ask us to amend the information. You have the right to request an amendment for as long as the information is kept by EMCMHC. To request an amendment, your request must be made in writing and submitted to: EMCMHC, Administration, Box 1530, Miles City, Montana 59301. In addition, you must provide a reason that supports your request. We may deny your request for an amendment if it is not in writing or does not include a reason to support the request. In addition, we may deny your request if you ask us to amend information that:

- Was not created by us, unless the person or entity that created the information is no longer available to make the amendment;
- Is not part of the health information kept by Eastern Montana Community Mental Health Center;
- Is not part of the information which you would be permitted to inspect and copy; or
- Is accurate and complete.

3. Right to an Accounting of Disclosures. You have the right to request an Accounting of Disclosures. This is a list of the disclosures we made of health information about you, other than disclosures to you or which you authorized. To request an Accounting of Disclosures, you must submit your request in writing to: EMCMHC, Administration, Box 1530, Miles City, Montana 59301. Your request must state a time period which may not be longer than seven years and may not include dates before April 14, 2003. The first Accounting of Disclosures you request within a 12 month period will be free. For additional requests, we may charge you for the costs of providing the Accounting. We will notify you of the cost involved and you may choose to withdraw or modify your request at that time before any costs are incurred.

4. Right to Request Restrictions. You have the right to request a restriction or limitation on the health information we use or disclose about you for treatment or health care operations. *We are not required to agree to your request.* If we do agree, we will comply with your request unless the information is needed to provide you emergency treatment. To request restrictions, you must make your request in writing to EMCMHC, Administration, Box 1530, Miles City, Montana 59301. In your request, you must tell us (1) what information you want to limit; (2) whether you want to limit our use, disclosure or both; and (3) to whom you want the limits to apply, for example, disclosures to your spouse.

5. Right to Request Confidential Communications. You have the right to request that we communicate with you about health matters in a certain way or at a certain location. For example, you can ask that we only contact you at home or by mail. To request confidential communications, you must make your request in writing to EMCMHC, Administration, Box 1530, Miles City, Montana 59301. We will not ask you the reason for your request. We will accommodate all reasonable requests. Your request must specify how or where you wish to be contacted.

6. Right to a Paper Copy of This Notice. You have the right to a paper copy of this notice. You may ask us to give you a copy of this notice at any time. Even if you have agreed to receive this notice electronically, you are still entitled to a paper copy of this notice. To obtain a paper copy of this notice, please contact EMCMHC, Administration, Box 1530, Miles City, Montana 59301 or call 406-234-0234.

CHANGES TO THIS NOTICE

We reserve the right to change this notice. We reserve the right to make the revised or changed notice effective for health information we already have about you as well as any information we receive in the future. We will post a copy of the current notice at the Reception Desk at Eastern Montana Community Mental Health Center. The notice will contain on the first page, in the top left-hand corner, the effective date. In addition, each time you are admitted to Eastern Montana Community Mental Health Center for treatment or health care services as an outpatient, we will offer you a copy of the current notice in effect.

COMPLAINTS

If you believe your privacy rights have been violated, you may file a complaint with EMCMHC or with the Secretary of the Department of Health and Human Services. To file a complaint with EMCMHC, contact our Privacy Officer, Eastern Montana Community Mental Health Center, PO Box 1530, Miles City, Montana 59301, phone number: 406-234-0234. All complaints must be submitted in writing. You will not be penalized for filing a complaint. Violation of the federal laws and regulations by EMCMHC is a crime. Suspected violations may be reported to appropriate authorities in accordance with federal regulations.

FEDERAL STATUTES AND REGULATIONS

This notice is issued pursuant to the following federal statutes and regulations:

Statutes: 42 U.S.C. 290dd-2

42 U.S.C. 1320d-1329d-8

42 U.S.C. 1320d-2

Regulations: 42 C.F.R. Part 2, 45 C.F.R. Subtitle A, Subchapter C, Part 160, Sections 160.101 - 164.534

If you have any questions about this notice, please contact the Eastern Montana Community Mental Health Center, Administration, PO Box 1530, Miles City, Montana 59301. Our phone number is 406-234-0234.



Eastern Montana Community Mental Health Center

Substance Use Screening

CAGE Ages 18 and over

1. Have you ever felt you should cut down or control your drug use or drinking?	<input type="checkbox"/> YES <input type="checkbox"/> NO
2. Have people annoyed you by criticizing your drug use or drinking?	<input type="checkbox"/> YES <input type="checkbox"/> NO
3. Have you ever felt bad or guilty about your drug use or drinking?	<input type="checkbox"/> YES <input type="checkbox"/> NO
4. Have you ever had a drink first thing in the morning to steady your nerves or to get rid of a hangover (eye opener)?	<input type="checkbox"/> YES <input type="checkbox"/> NO

CRAFFT Ages 11-17

1. Have you ever ridden in a car driven by someone, including yourself, who was high or had been using alcohol or drugs?	<input type="checkbox"/> YES <input type="checkbox"/> NO
2. Do you ever use drugs or alcohol to relax, feel better about yourself, or to fit in?	<input type="checkbox"/> YES <input type="checkbox"/> NO
3. Do you ever use alcohol or drugs by yourself, alone?	<input type="checkbox"/> YES <input type="checkbox"/> NO
4. Do you ever forget things you did while using alcohol or drugs?	<input type="checkbox"/> YES <input type="checkbox"/> NO
5. Does your family or friends ever tell you that you should cut down on your drinking or drug use?	<input type="checkbox"/> YES <input type="checkbox"/> NO
6. Have you gotten into trouble while you were using alcohol or drugs?	<input type="checkbox"/> YES <input type="checkbox"/> NO

PRE-ADOLESCENT Ages 10 and under

1. Do you have any friends who have used alcohol or drugs of any kind in the past year?	<input type="checkbox"/> YES <input type="checkbox"/> NO
2. Have you ever had more than a few sips of alcohol or taken drugs of any kind in the past year? <ul style="list-style-type: none"> • If yes to alcohol, on how many days in the last year have you used alcohol? _____ • If yes to drugs, on how many days in the last year have you used drugs? _____ 	<input type="checkbox"/> YES <input type="checkbox"/> NO

WELLNESS SCREENING

- | | | | | | |
|-----|---|--------------------------|-----|--------------------------|----|
| 1. | I have had experiences which have really affected my life. | <input type="checkbox"/> | Yes | <input type="checkbox"/> | No |
| 2. | I worry a lot. | <input type="checkbox"/> | Yes | <input type="checkbox"/> | No |
| 3. | Someone is really trying to make life hard for me. | <input type="checkbox"/> | Yes | <input type="checkbox"/> | No |
| 4. | I have seen and heard things most people don't see or hear. | <input type="checkbox"/> | Yes | <input type="checkbox"/> | No |
| 5. | I sometimes make myself vomit. | <input type="checkbox"/> | Yes | <input type="checkbox"/> | No |
| 6. | I do not like myself. | <input type="checkbox"/> | Yes | <input type="checkbox"/> | No |
| 7. | I can't think as clearly as I have in the past. | <input type="checkbox"/> | Yes | <input type="checkbox"/> | No |
| 8. | I really feel sad a lot of the time. | <input type="checkbox"/> | Yes | <input type="checkbox"/> | No |
| 9. | I can't get to sleep or stay asleep. | <input type="checkbox"/> | Yes | <input type="checkbox"/> | No |
| 10. | I don't feel anything. | <input type="checkbox"/> | Yes | <input type="checkbox"/> | No |
| 11. | I've been in trouble a lot. | <input type="checkbox"/> | Yes | <input type="checkbox"/> | No |
| 12. | I feel guilty. | <input type="checkbox"/> | Yes | <input type="checkbox"/> | No |
| 13. | I have a lot of physical problems. | <input type="checkbox"/> | Yes | <input type="checkbox"/> | No |
| 14. | At times my thoughts have raced ahead faster than I could speak them, even when I am not using drugs | <input type="checkbox"/> | Yes | <input type="checkbox"/> | No |
| 15. | I've had periods when I've felt so full of pep that sleep did not seem necessary for days at a time, even when I was not using drugs. | <input type="checkbox"/> | Yes | <input type="checkbox"/> | No |
| 16. | I feel angry a lot of the time. | <input type="checkbox"/> | Yes | <input type="checkbox"/> | No |
| 17. | Sometimes I think I am losing control or going crazy. | <input type="checkbox"/> | Yes | <input type="checkbox"/> | No |
| 18. | My interest in food has really changed. | <input type="checkbox"/> | Yes | <input type="checkbox"/> | No |
| 19. | I can't seem to make decisions or get things done. | <input type="checkbox"/> | Yes | <input type="checkbox"/> | No |
| 20. | Sometimes I wish I could do better with my life | <input type="checkbox"/> | Yes | <input type="checkbox"/> | No |
| 21. | I think of harming or killing myself. | <input type="checkbox"/> | Yes | <input type="checkbox"/> | No |
| 22. | I have hurt myself on purpose. | <input type="checkbox"/> | Yes | <input type="checkbox"/> | No |
| 23. | I think of hurting others. | <input type="checkbox"/> | Yes | <input type="checkbox"/> | No |
| 24. | Life is good. | <input type="checkbox"/> | Yes | <input type="checkbox"/> | No |

Name: _____

Date: _____

DSM-5-TR Self-Rated Level 1 Cross-Cutting Symptom Measure—Adult

Name: _____

Age: _____

Date: _____

If this questionnaire is completed by an informant, what is your relationship with the individual? _____

In a typical week, approximately how much time do you spend with the individual? _____ hours/week

Instructions: The questions below ask about things that might have bothered you. For each question, circle the number that best describes how much (or how often) you have been bothered by each problem during the **past TWO (2) WEEKS**.

		None Not at all	Slight Rare, less than a day or two	Mild Several days	Moderate More than half the days	Severe Nearly every day	Highest Domain Score (clinician)
I.	1. Little interest or pleasure in doing things?	0	1	2	3	4	
	2. Feeling down, depressed, or hopeless?	0	1	2	3	4	
II.	3. Feeling more irritated, grouchy, or angry than usual?	0	1	2	3	4	
III.	4. Sleeping less than usual, but still have a lot of energy?	0	1	2	3	4	
	5. Starting lots more projects than usual or doing more risky things than usual?	0	1	2	3	4	
IV.	6. Feeling nervous, anxious, frightened, worried, or on edge?	0	1	2	3	4	
	7. Feeling panic or being frightened?	0	1	2	3	4	
	8. Avoiding situations that make you anxious?	0	1	2	3	4	
V.	9. Unexplained aches and pains (e.g., head, back, joints, abdomen, legs)?	0	1	2	3	4	
	10. Feeling that your illnesses are not being taken seriously enough?	0	1	2	3	4	
VI.	11. Thoughts of actually hurting yourself?	0	1	2	3	4	
VII.	12. Hearing things other people couldn't hear, such as voices even when no one was around?	0	1	2	3	4	
	13. Feeling that someone could hear your thoughts, or that you could hear what another person was thinking?	0	1	2	3	4	
VIII.	14. Problems with sleep that affected your sleep quality over all?	0	1	2	3	4	
IX.	15. Problems with memory (e.g., learning new information) or with location (e.g., finding your way home)?	0	1	2	3	4	
X.	16. Unpleasant thoughts, urges, or images that repeatedly enter your mind?	0	1	2	3	4	
	17. Feeling driven to perform certain behaviors or mental acts over and over again?	0	1	2	3	4	
XI.	18. Feeling detached or distant from yourself, your body, your physical surroundings, or your memories?	0	1	2	3	4	
XII.	19. Not knowing who you really are or what you want out of life?	0	1	2	3	4	
	20. Not feeling close to other people or enjoying your relationships with them?	0	1	2	3	4	
XIII.	21. Drinking at least 4 drinks of any kind of alcohol in a single day?	0	1	2	3	4	
	22. Smoking any cigarettes, a cigar, or pipe, or using snuff or chewing tobacco?	0	1	2	3	4	
	23. Using any of the following medicines ON YOUR OWN, that is, without a doctor's prescription, in greater amounts or longer than prescribed [e.g., painkillers (like Vicodin), stimulants (like Ritalin or Adderall), sedatives or tranquilizers (like sleeping pills or Valium), or drugs like marijuana, cocaine or crack, club drugs (like ecstasy), hallucinogens (like LSD), heroin, inhalants or solvents (like glue), or methamphetamine (like speed)]?	0	1	2	3	4	

**Patient Health Questionnaire and General Anxiety Disorder
(PHQ-9 and GAD-7)**

Date _____ Patient Name: _____ Date of Birth: _____

**Over the last 2 weeks, how often have you been bothered by any of the following problems?
Please circle your answers.**

PHQ-9	Not at all	Several days	More than half the days	Nearly every day
1. Little interest or pleasure in doing things.	0	1	2	3
2. Feeling down, depressed, or hopeless.	0	1	2	3
3. Trouble falling or staying asleep, or sleeping too much.	0	1	2	3
4. Feeling tired or having little energy.	0	1	2	3
5. Poor appetite or overeating.	0	1	2	3
6. Feeling bad about yourself – or that you are a failure or have let yourself or your family down.	0	1	2	3
7. Trouble concentrating on things, such as reading the newspaper or watching television.	0	1	2	3
8. Moving or speaking so slowly that other people could have noticed. Or the opposite – being so fidgety or restless that you have been moving around a lot more than usual.	0	1	2	3
9. Thoughts that you would be better off dead, or of hurting yourself in some way.	0	1	2	3
Add the score for each column				

Total Score (add your column scores): _____

If you checked off any problems, how difficult have these made it for you to do your work, take care of things at home, or get along with other people? (Circle one)

Not difficult at all Somewhat difficult Very Difficult Extremely Difficult

**Over the last 2 weeks, how often have you been bothered by any of the following problems?
Please circle your answers.**

GAD-7	Not at all sure	Several days	Over half the days	Nearly every day
1. Feeling nervous, anxious, or on edge.	0	1	2	3
2. Not being able to stop or control worrying.	0	1	2	3
3. Worrying too much about different things.	0	1	2	3
4. Trouble relaxing.	0	1	2	3
5. Being so restless that it's hard to sit still.	0	1	2	3
6. Becoming easily annoyed or irritable.	0	1	2	3
7. Feeling afraid as if something awful might happen.	0	1	2	3
Add the score for each column				

Total Score (add your column scores): _____

If you checked off any problems, how difficult have these made it for you to do your work, take care of things at home, or get along with other people? (Circle one)

Not difficult at all Somewhat difficult Very Difficult Extremely Difficult



Eastern Montana Community Mental Health Center
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All Consumers,

In an effort to better serve you we have contracted to have text and email reminders sent to you. If you would like to opt in or out please complete the following information.

Name: _____

Cell Number: _____

Email Address: _____

Reminder Days Ahead (put 0 to be notified 4 hours prior to appointment): _____

How would you like to be reminded?

- Email
- Text
- Email and Text
- None - I opt out of receiving reminders

Cancellation Policy: I understand that it is my responsibility to keep my scheduled appointments with my EMCMHC provider. I will call at a minimum 24 hours in advance to reschedule any conflicting appointments. EMCMHC employees may provide support with appointment reminders through phone calls, text and or email. However, if upon review of my attendance history, I "no show" or "cancel" on a consistent basis or my EMCMHC treatment team believes there is a high level concern with my commitment to treatment, they will review my attendance history and there is a possibility for termination of services at EMCMHC. If services are terminated the EMCMHC staff will make and attempt to notify me in writing.

Customer Signature

Date

